



# ONLINE SYMPOSIUM

## PSYCHO SPIRITUAL HEALTH – JOIN THE DOTS



### Speakers



11.00 am - 11.30 am

**Introducing Psycho-spiritual health**

**Dr. Payal Kasat**  
Assistant Professor,  
Anatomy,  
BCRMMRC,  
IIT Kharagpur



11.30 am – 12.15 pm

**Psycho Spiritual Health – Join the Dots**

**Pooja Gupta**  
Psychotherapist  
Antarman\_ekaurkadamkhudkiore  
A Holistic healing space, 13B Mirza Galib  
Street, Kolkata

12.15 pm – 12:30 pm **Summary and Discussion**

**Moderators-** Dr. Soumi Kundu, Assistant Professor, Pediatrics, BCRMMRC, IIT KGP

Dr. Nabarun Karmakar, Assistant Professor, PSM, BCRMMRC, IIT KGP

**29<sup>th</sup> November 2023,  
Wednesday**

**11.00 am – 12.30 pm IST**

❖ **Principal Coordinator**

**Dr Payal Kasat**

❖ **Co- Coordinators**

**Dr Soumi Kundu**

**Dr Nabarun Karmakar**

• **Contact us at:** [payal@bcmrc.iitkgp.ac.in](mailto:payal@bcmrc.iitkgp.ac.in)

- **Intended Participants:** Those who are pursuing career in the field of Medical and allied Sciences/ Health Care Professionals/ Nursing/ Para-medical/ Social welfare/ Preventive and Social Medicine related Discipline/ NGOs/ Any aspiring individual of class 10& above

**Registration is Free but Mandatory**

Register online at: <https://erp.iitkgp.ac.in/CEP/courses.htm>

Signup → Login → Profile Fill-up → Select the program → Apply Now

Following completion of registration, participation link for this program will be sent. An e-certificate of participation will be provided after conclusion of the Program.

**Last date of Registration: 26<sup>th</sup> November 2023, Till 11:59 pm I S T**

**Organized by Dr. B. C. Roy Multi-Speciality Medical Research Centre IIT Kharagpur, Kharagpur, India**