

About IIT Kharagpur



Kharagpur - a dusty town tucked away in the eastern corner of India, famous until 1950 as home to the longest railway platform in the world - became the nursery where the seed of the IIT System was planted in 1951. IIT Kharagpur started its journey in the old Hijli Detention Camp in Eastern India, where some of the country's great freedom fighters toiled and sacrificed their lives for India's independence. Spurred by the success of IIT Kharagpur, four younger IITs sprouted around the country in the two following decades, and from these five came Thousands of IITians, the brand ambassadors of modern India. It was the success of this one institution at Kharagpur that wrote India's technological odyssey.

The Institute takes pride in its relentless effort to provide the best platform for both education as well as research in the areas of science and technology, infrastructure designs, entrepreneurship, law, management, and medical science and technology.

Program Features/Structure Industry Expert and Faculty Presentation Case Study Analysis Group Activities	Program Schedule and Venue 4 th -6 th October 2023 (9:00 AM – 5:30 PM) Both Online and Offline IIT Kharagpur – Rekhi Centre of Excellence for the Science of Happiness
Program Fee Student (any Graduate) INR 8,000/- Faculty and Researcher INR 15,000/- Professional / Industrial Executive/s INR 20,000/-	Who will benefit (Eligibility) Students (any Graduate) Teachers, and Researchers Professionals and Company Executives Startup Entrepreneurs
Last date of Registration 3rd October 2023	Accommodation Institute Guest House on Self-Payment Basis

How to Apply

Use the link: <https://erp.iitkgp.ac.in/CEP/courses.htm> to apply ONLINE.



Payment as per the category is to be done **ONLINE** after getting shortlisted for the program.

Management Development Programme On Employee Wellbeing for Sustainable Organizations



Indian Institute of Technology Kharagpur
4th to 6th October 2023
In Hybrid Mode

Contact us:

Dr Atasi Mohanty
Faculty

Rekhi Centre of Excellence for the Science of Happiness

EMAIL: atasim@cet.iitkgp.ac.in, Mobile No : [7908945505](tel:7908945505)

Program Overview

Post-COVID employee wellbeing has been taken more seriously by the organizations to ensure their positive work culture and sustainable business practices. This concept not only includes mental and physical health wellbeing but extends up to the dynamics of interpersonal relationship, higher employee morale, employee retention, sustainable production and better customer services as well. Thus, this MDP would focus on employees' financial wellbeing, socio-emotional wellbeing, and career growth, work-life balance along with job competencies, customer happiness and organizational growth.

Program Objectives

1. The participants would be able to develop emotional intelligence, positive work attitude, behavior and work life balance for their subjective wellbeing.
2. They would be able to understand the implications of sustainable development goals in business practices and how to gear it up towards sustainable business practices while catering to the needs of all stakeholders
3. All the participants would be appraised of latest business trends, know-how of resilient organization and big data-driven HR strategies of sustainable organizations.

What you will learn

Program Content

Module 1- Employee Wellbeing

- a) Social Wellbeing: Positive Work-culture, Emotional Intelligence & HR Practices
- b) Financial Wellbeing: Social Capital
- c) Mental Health Wellbeing:
 - i) Dealing with Stress & Burnout
 - ii) Coping Strategies for Positive Mental Health

Module 2-Sustainability Trend

- a) Hybrid Workplace- Leveraging, Diversity, Equity & Inclusion Initiatives
- b) Sustainable Financial Management- Economic growth & Decision Making Process
- c) Change Management- Skill-based Hiring, In-house-Training, Digital Networking, Virtual Business Collaborations, Knowledge Capital, Career Growth & Outsourcing.

Module 3 -Sustainable Organizations

Data Driven HR Strategies:

- a) Building Resilient Organizations: (Employee engagement, experience, citizenship Behavior & Retention)
- b) Sustainable Life style, Work-life balance and Wellbeing Practices-
- c) Exponential growth Vs. Sustainable Development;
- d) Business Adaptation & Business Transformation

Course coordinator:

Dr. Atasi Mohanty

Asst. Professor

Rekhi Centre of Excellence for the Science of Happiness

IIT Kharagpur-721302

Course co-coordinator:

Dr. Rudra Prakash Pradhan

Professor

Vinod Gupta School of Management

IIT Kharagpur-721302