

## SHORT TERM COURSE

On

**Emotional Intelligence: Applications at  
Home, School and Workplace**

**(11-14, June 2019)**



### COORDINATOR

Dr. Rabindra Kumar Pradhan

### IMPORTANT DATES

**Last date for receiving application:** 30 May 2019

**Intimation to Participants:** 31st May 2019

**Course Dates:** 11-14 June 2019

**Venue:** Seminar Room, Dept. of HSS  
Indian Institute of Technology Kharagpur

## Objectives of the Course

“Intelligence Quotient (IQ) gets you hired but Emotional Quotient (EQ) gets you promoted”. This popular quote by Times Magazine during late Nineties made the concept of emotional intelligence more popular and useful among the management professional and social scientist in the world. The application of emotional intelligence in home, school and workplace is well documented. The two bestselling book of Daniel Goleman in late 90s made a popular claim that EQ contributes 80% towards ones success, since then EQ is treated as the best management skill in the corporate world to achieve organisational excellence. This course is designed to sensitize the participants about the concepts and applications of emotional intelligence in organisation. The participants will explore various principles of emotional intelligence guide us in different contexts of life. The awareness about the credo of emotional intelligence will develop insights into self-regulation and self-realization of one’s optimum potentials for better performance. The participants will learn to develop different EQ skills that are vital for personal effectiveness and organisational performance. They will also explore about many unknowns of life, which will further enhance their awareness to be more effective on their roles. The course will offer useful lessons with the help of practical exercises, games, audio-visual instruments, case studies, and classroom interaction to show the road map how to foster emotional intelligence in achieving excellence at home, school and workplace.

## Course Content

### Part-I

- Introduction to Intelligence: Concepts & Theories
- Understanding Emotional Intelligence
- Applications of Emotional Intelligence (EI)
- Assessments and Intervention of EI at individual & group level

### Part-II

- Developing EQ Leadership
- Leadership Effectiveness through Emotional Intelligence
- Enhancing Team Effectiveness
- Interpersonal Effectiveness & Social Support
- Self - Development through Self-renewal
- Developing Resilience, Self Esteem and Optimism
- Developing Assertiveness at Work place
- Anger Management & Handling Stress & health
- Negotiation and Conflict Management
- Building Emotionally Intelligent Organization
- Organizational Excellence through Emotional Intelligence.
- EQ for Parents
- EQ for Teachers

**Pedagogy:** Lecture through audio-visual presentation, Simulation, Structure exercise, Group discussion, Management games, Case analysis, Role plays, and interactive-brain storming sessions.

## Faculty

Experienced faculty from IIT Kharagpur and some experts from industry will be involved in this programme to enrich and educate the participants on various topics covered within the scope of the programme.

## Course Fee:

Academic Faculty: Rs. 7,500, Student: Rs. 6000,  
Industry Participants: Rs. 10,000/-  
South Asian Countries: 10,000/-  
African/low income Countries: 10,000/-  
Foreign Participants: Rs.25, 000/-

**GST 18% Extra For All Categories Mentioned Above.**

**GST No. 19AAAJI0323G1ZM**

Course fees should be paid in form of ***Demand Draft in favour of CEP-STC, IIT Kharagpur, payable at Kharagpur.***

Payments can be made also through electronic fund transfer (**Only NEFT**). For this, the bank details are as follows: Account Name: CEP-STC, IIT Kharagpur Account Number: 95562200002955 Bank Name: SYNDICATE BANK Bank Branch Name: SRIC, IIT KHARAGPUR (Branch Code: 9556) Indian Financial System Code (IFSC): SYNB0009556 Swift Code: SYN BIN BB 120 Bank Address: IIT KHARAGPUR, KHARAGPUR- 721 302, MIDINIPUR DIST. (W. B.), INDIA (Telephone No: 03222 255221).

## Qualification: Graduation/Master Degree

**Certificate:** Each of the participants will receive a certificate from the office of the Dean, Continuing Education, IIT Kharagpur on successful completion of the course.

**No of Participants:** 30

**How to Apply:** Interested candidates may please visit the webpage of IIT Kharagpur at <http://iitkgp.ac.in/>. At the bottom right, you will find “All Events”. Click on “Apply for CEP Events” where you will find the link to apply for various courses. It will also provide a link for payment.

## Mailing Address

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rabi2020@gmail.com

**Accommodation:** Participants can avail accommodation facilities on advance booking on payment basis with prior request (15 Days) to the coordinator of the programme. Purely on the basis of availability.

1. AC Twin sharing: Rs.600/- at VGH and Rs. 1500 at NTGH per day, per bed.
2. AC Single Room: Rs 400/- at VGH and Rs. 1200/- at NTGH per day, per room.
3. Dormitory 3 bedded and 6 bedded Rs. 200/- per day per bed.

## Application Form SHORT TERM COURSE

**on**  
**Emotional Intelligence: Applications at Home, School and Workplace**  
**(11-14 June 2019)**  
**Organized by Dept of HSS, IIT Kharagpur**

1. Name:
2. Age:
3. Sex:
4. Work Experience
5. Designation:
6. Name of the Institution /Organization:
7. Address for communication:
8. Highest academic qualification:
9. Phone No:
10. Fax No.:
11. Email:

**Date:**

**Signature of Applicant**

## Approval for Candidates/Sponsorship

We approve the above applicant as a candidate/ sponsor for the short-term course on “**Emotional Intelligence: Applications at Home, School and Workplace**” being organized by IIT Kharagpur at its Kharagpur campus during 11-14 June 2019.

**Date:**

**Signature and seal of  
/approving /sponsoring Authority**